

University of Pretoria Yearbook 2016

Sports injuries (upper and lower quarter) 310 (EXE 310)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	15.00
Programmes	BSportSci BSportSci
Prerequisites	EXE 210
Contact time	3 lectures per week
Language of tuition	English
Academic organisation	Biokinetics and Sports Science
Period of presentation	Semester 1

Module content

*Closed – requires departmental selection This module focuses primarily on preparing the student for specialisation in biokinetics at postgraduate level. The focus is primarily on the anatomical position, symptoms and identification of the most important soft tissue injuries in sport and the use of exercise as a rehabilitation modality in the final phase of rehabilitation.

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